A Measurement Framework to Drive and Support a Collective Approach to Address Aging NH
Goals for this Conversation

- Explore how measurement supports our collaborative work and individual efforts
- Describe the focus of this role
- Share your measurement experience

Begin to use measurement effectively as we advance our work together
Why Measure

- Understand the changing environment
  *See the “Big Picture”*
- Identify unmet needs
  *Focus activities, resources*
- Collaborate
  *Speak the same language, share what works*
- Do the right things
  *Evidence-based practices, interventions*
- Set goals and track implementation
  *Realistic expectations and targets*
- Assess performance
  *How are you doing?*
- Improve outcomes
  *Make something or someone better*
- Demonstrate value
  *Prove your impact*
Project Focus

- Develop a measurement framework
  - What measures
  - How to measure
  - How to share information
- Offer Hands-on, targeted support of action planning and implementation
  - Setting measurable goals
  - How to collect data
- Help create a central action planning tracking approach
Creating a Collective Approach to Address an Aging NH: A Shared Vision for Our Future

We envision communities where New Hampshire’s culture, policies and services support our elders and their families, providing a wide range of choices that advance health, independence and dignity.

Elder Friendly Community

- Fundamental needs are met
  - Food
  - Safety
  - Info about Services
  - Shelter/Warmth
  - Transportation

- A broad range of living arrangements are available
  - Planning & zoning
  - Resources available to support living at home
  - Affordable
  - Home modification options

- Advocates for elder issues are effective
  - Cultural view of elders is positive/realistic
  - Laws are elder friendly
  - Aging issues are a community wide priority

- Quality physical and mental wellbeing supports are in place
  - Access to preventative care
  - Access to medical, mental health and palliative care
  - Planning for end of life care

- Social and civic engagement options are plentiful
  - Meaningful connections with family, friends and neighbors
  - Paid and volunteer work opportunities
  - Active engagement in social life
  - Cultural, religious activities plentiful

- Support provided to caregivers and families
  - Access to info on services and supports
  - Caregiver education and training programs
  - Flexible funding to meet the unique needs of caregivers
  - More consistent pay for formal, paid caregivers
    - Respite care

- Communication
  - Equity
  - Independence
  - Person-Centered
  - Respect
  - Choice

- Technology

Equity

Support

Person-Centered

Respect

Choice

Independence

Equity

Supported by ENDOWMENT for Health
We are Breaking Ground!

- There are no standard measures for healthy aging
- Community-based measurement is new and emerging
- Creativity and flexibility will be key
- Education will be needed – at all levels
What are YOU Measuring?

1. In your work groups: Are your destinations measurable?

2. In your “day job”: What do you measure that you’d like to know about others?

3. What’s your biggest measurement challenge?
- Questions?
- Ideas?
- Concerns?